

# Mount Diablo Challenge

## October 13, 2019

### Frequently Asked Questions

Some of this information is subject to change. We will try to update the FAQs as changes occur.

#### Safety:

**IMPORTANT! RIDERS WILL BE DESCENDING WHILE OTHERS ARE STILL ASCENDING.**

- **Categorized riders (in initial waves) will be allowed to use the entire road on the ascent, but must adhere to centerline rule during descent. They will be held at the summit until all categorized riders have completed the event (est. max of 30 min)**
- **Non-categorized riders (in latter waves) MUST adhere to centerline rule during ascent and descent.**

**Descending riders will be escorted down the mountain. DO NOT PASS the escort. Descending speed will not exceed posted speed limit. A rear escort will prevent riders from dropping back in order to “catch the rabbit”.**

- **Helmets are mandatory**
- **Earbuds or headphones of any kind are prohibited**
- **Waves with categorized riders (see event schedule below) may use entire road on ascent**
- **Waves with non-categorized riders (see event schedule below) MUST adhere to centerline rule. Failure to adhere to this rule will cause immediate disqualification and removal from the course.**
- **ALL riders must adhere to centerline rule on the descent** ○ **DO NOT PASS escorts**

#### Awards & Prizes:

- Overall Podium Winners:
  - Men
    - 1<sup>st</sup> place      King of the Mountain (fastest man)
    - 2<sup>nd</sup> place
    - 3<sup>rd</sup> place
- Overall Podium Winners:
  - Women
    - 1<sup>st</sup> place      Queen of the Mountain (fastest women)
    - 2<sup>nd</sup> place
    - 3<sup>rd</sup> place
- Special Recognition – 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place for the following age groups, men and women:

11-13	14-15	16-17	18-24	25-29	30-34	35-39	40-44
45-49	50-54	55-59	60-64	65-69	70-74	75-79	80+

- Youngest Rider (must finish course):
  - Boy
  - Girl
- Oldest Rider (must finish course):
  - Man
  - Women
- Traditional “One-Hour Finisher” T-Shirts (sponsored by ):
  - Men – All male riders that finish in 1 hour or less (1:00:00)
  - Women - 15-minute bonus. All female riders that finish in 1 hour 15 minutes or less (1:15:00)
- Special Prizes:
  - Fastest Man and Woman wearing full Hammer kit (jersey & shorts)
- Raffle Prizes:
  - Will be awarded at venue at Oak Hill Park. Prizes will be awarded based on Bib numbers. See posted list of winners at venue at Oak Hill Park.

## **Benefits:**

- Save Mount Diablo, a 501(c)(3):
 

Since Save Mount Diablo’s founding in 1971, preserved open space has increased from less than 7,000 acres to over 10,000 acres in more than 40 parks. Mount Diablo is still threatened by development. That could mean the loss of wildlife corridors, ecosystems and recreational opportunities. Your support will preserve these natural lands forever to safeguard our quality of life, including the quality of our air, water and views.
- Mount Diablo Interpretive Association:
 

The Mount Diablo Interpretive Association supports interpretive activities at Mount Diablo State Park. The association helps park staff with interpreting the park to more than one million visitors each year. Through funding an array of educational programs, the association fosters appreciation for, and the enlightened use of, Mount Diablo State Park. MDIA is proud to have played a major part in raising funds for the construction of the Museum atop the summit of Mt. Diablo and the development and operation of the Mitchell Canyon Interpretive Center.

## **Bike Types:**

Road bikes (single or tandem), mountain bikes, fixed-gear, unicycles and outdoor Elliptical bikes are allowed. Class 1 e-bikes are also permissible but are not eligible to compete for prizes or awards. E-bikes will start in non-elite waves. Adults with children in a “tow-behind” are also allowed.

## **Course Description:**

The route of the event, from the Athenian School to the summit of Mount Diablo, is 11.2 miles with 3,249 feet of elevation. The route will follow South Gate Rd. to Summit Rd. to the summit of the mountain. After completion, riders will be held at the lower summit parking lot until escorted down the mountain.

### **Day of Event Schedule:**

- 6:30 a.m. Registration opens at Monte Vista High School - 3131 Stone Valley Rd, Danville, CA 94506 (there is no registration at the Athenian School)
- 7:15 a.m. Clothing Crew packs up the first boxes at the Athenian School to take to the summit
- 7:50 a.m. Last SMD Staff leave for the summit with second box pick-up (no clothing drops are available after this time)
- 7:45 a.m. Riders in position for first wave (Athenian School)
- 8:00 a.m. Wave 1 begins. Waves will be approximately 40 riders and start in 3 to 5 minute intervals. Wave assignments will be based on estimated finishing times. You will receive your wave assignment and start time at registration Wave placement is dependent on your estimated finish time.
- 9:45 a.m. Earliest time for first descent wave (pending completion of race by all categorized riders). Groups of 25-35 will descend every 10 to 15 minutes. Everyone **MUST** descend South Gate Rd. North Gate Rd. will be closed. **CENTERLINE RULE IS STRICTLY ENFORCED DURING DESCENT. DO NOT PASS ESCORTS!**
- 10:00 a.m. Post-race venue opens at Oak Hill Park
- 12:00 p.m. Finish line closes
- 12:15 p.m. Estimated time of last descent wave. All remaining riders must descend. Award Ceremony begins at Oak Hill Park (approximate start time)

### **Descending from the summit:**

Riders will be descending the mountain while other participants are still ascending. We anticipate the longest wait at the lower summit parking lot to be 45 minutes. All descending riders will be escorted in groups of 25-35 riders. Under no circumstances will a rider descend unescorted, and riders may not pass the escort. Descending riders **MUST** stay in their lane while descending. The last descending wave will be at approximately 12:15 p.m.

### **Diablo Country Club:**

**DO NOT cut through the Diablo Community. You must stay on Diablo Road/Mount Diablo Scenic Blvd both to and from the event.**

### **Fees:**

Registration includes an automatic membership in Save Mount Diablo, underwritten by ?. (see benefits above). Once your membership is activated you will be able to manage communications from SMD.

Adults: \$60 + \$5.10 reg. fee

Juniors: (17 years and under) \$30 + \$3.30 reg. fee

Tandem: \$90 + \$6.90 reg. fee (any combination of riders)

Day of registration: (Adults & Juniors) \$75; Tandems \$105

## **Food:**

Coffee, water, energy bars and other snacks are available at the race start and at the summit finish. Water available on route.

Non-alcoholic beverages and soft drinks will be available for purchase at the event venue at Oak Hill Park. Food will also be available for purchase in the food truck area.

## **Limits on Registration:**

Registration is capped at 1,000 riders.

## **Parking:**

Participants must park at Monte Vista High School, 3131 Stone Valley Rd., Danville, CA 94526. After registering, riders will ride their bike from Monte Vista High School to the start at the Athenian School, a distance of approximately 2.9 miles. There is no registration at the Athenian School start.

## **Photography, Images & Materials Publications:**

By participating in our event you are providing consent & permission to giving irrevocable consent and permission to Valley Spokesmen and their respective successors and assigns, sponsors, licensees, and affiliates, for the following and without expectation of compensation or other remuneration:

A) To film, photograph, tape or otherwise record a video or audio

B) Use your name, image and visual or audio recordings (regardless of the medium in which your name, image or statement appear, including audio recordings, video recordings, photographs, electronic images and the like from the Internet via social media sites), original materials created by you in connection with the Event;

C) To use, reproduce, publish, exhibit, distribute and transmit, in perpetuity, the Materials, in whole or in part, in any print, broadcast or electronic media not now or hereafter developed, including the Internet and social media, (1) for education and awareness campaigns, fundraising, in connection with the promotion of Valley Spokesmen or

programs and/or for any other legitimate purpose, (ii) to create composite or computer-manipulated materials from the Materials (iii) without compensation.

D) Valley Spokesmen will not share your personal contact information to any third party outside of registration purposes

## **Registration:**

- **Confirmation** - If you register online, you will receive a confirmation email. Registration by mail is not available.
- **Transfers** - Registration fee is non-refundable and non-transferrable
- **Refunds** - There are no refunds
- Registration fee is not tax deductible and are not considered a donation to any of the beneficiaries.

## **Responsibility:**

Riders must wear bicycle helmets at all times while on their bicycles. Riders are responsible to ensure that their bicycles are in superb mechanical condition.

Riders should carry a spare tube, patch kit, pump, a water bottle, money & identification.

Please be courteous to other road users. Though MDSP will be closed to the public, there will be authorized vehicles/motorcycles on the road between the start/finish areas and at the expo area.

During the descent, cyclists **MUST** stay to the right side of the road as there may be cyclists still ascending the climb, and/or authorized vehicles/motorcycles will be on the road.

North Gate entrance to the park will be closed during the entire event, including on the descent ride.

## **SAG Vehicles:**

SAG vehicles will be available to assist with minor mechanical problems. Any rider that cannot continue to the top will be asked to wait for a descending wave. Riders must not descend unescorted. If a rider is unable to descend safely due to mechanical or other problems, he/she must wait for a SAG vehicle to take them to the parking area at Monte Vista School.

## **Spectators:**

For safety reasons, spectators may not take vehicles on the mountain. The only access to watch the race is by trail. **NO PEDESTRIANS WILL BE ALLOWED ON THE ROADS.**

## **Sponsors:**

Hammer Nutrition

6Fifteen Cyclery  
Livermore Cyclery  
Sports Basement  
Dublin Cyclery  
Eden Bicycles

### **Timing Chip:**

Each rider will receive a timing chip. Instructions on how to attach the chip will be in the registration packet.

### **Trainers and Personal Belongings:**

Trainers may be dropped off at the Athenian school, no earlier than 6 a.m. You will be asked to drop off the trainer at the corner of Diablo Rd. & Mount Diablo Scenic Blvd. You will be re- directed to turn around and head back to MVHS to park. We are not responsible for your personal belongings.

At Athenian School, there will be two “sweats” check areas:

- 1) Staying at Athenian: Items are to be placed on the tarp by the Soccer Field. This sweat check is for items staying down at Athenian! There will be a volunteer in that area until about 1p.m. We are not responsible for your personal belongings.
- 2) Going up to the summit prior to start of race: Boxes by the start line (on the street). These boxes will be driven up the mountain prior to the start of the race. Your belongings will be waiting for you at the Lower Summit parking lot. You **MUST** have your items in the boxes no later than 7:45 a.m. to guarantee they make it to the lower parking lot area before the cyclists start the race. We are not responsible for personal belongings

### **Volunteers:**

If you would like to volunteer to help with the Mount Diablo Challenge, please contact ? at [volunteer@mountdiablochallenge.org](mailto:volunteer@mountdiablochallenge.org)

### **Questions:**

Please contact the Director at: [director@mountdiablochallenge.org](mailto:director@mountdiablochallenge.org)